# MRS. WILSON'S APPLE SAUCE IS TASTY AND WHOLESOME

Southern Ways of Serving This Fruit Are Given Also-Dumplings, Cornbread and Custard Pie Are Good

By MRS. M. A. WILSON

epuright, 1920, by Mrs. M. A. Wilson, All MINDFALLS and summer greenings are plentiful in the markets in aid-August and they should be used for the table abundantly. The summer apple centains a large amount of the purest distilled water and some fruit sugar, both of which are available to sugar, both of which are available to the body as they enter the blood stream without undergoing the process of di

The summer apple has really no food value, but it contains a liberal amount of mineral salt which the body needs at this season for purifying and cooling the blood stream. So, while these little nubbins of green, red and gold are in the markets, plan to use them daily.

## My Ideal Apple Sauce

Wash the apples and then cut in sieces, discarding all bruised and wormy parts. To four pounds of apples add five cups of water. Cover and cook until the apples are soft. Rub through a sieve to remove the skins and seeds. Sweeten to taste and flavor with either cinnamon or nutmeg extract.

This apple sauce may be canned for winter use and if you can purchase a one-half bushel basket of apples from seventy-five cents to a dollar in price. t will pay you to can the apple sauce for future use. You do not need to add sugar until you use the sauce. To Can Apple Sauce

Fill sterilized inra with the unsweet nied or sweetened apple sauce and the diust the rubber and lid and partially tighten. Place in the hot water having the water in the bath just below neck of the jar. Process for thirty reinutes and then remove the jars and seal at once. Cool, then dip the tops of the jars in melted paraffin. Store in a cool place. The sauce can then be used for pies, puddings and apple sauce.

#### Apple Omelet Separate three eggs and add

Two tablespoons of evaporated milk, One-half traspoon of salt. One-quarter teaspoon of pepper welks of cons.

Beat. Then beat the whites of egg stiff. Now gradually fold in the yolks eggs; place two tablespoons of shortening in a frying pan and when bot add the egg mixture. Cook slowly until dry and then spread with thick. ned apple sauce and then fold and roll. Turn on a hot platter. Southern Apples

### Down South in the cotton fields.

among the tall pine sticks, people look is used. upon the early summer apples as a delicious fruit to serve in many forms-Cobbler, fried, scalloped and Virginian dumplings. From the time the windfalls and storms strike the early greening from the tree until the last fall a sauce. pened apple they are a part of the daily bill of fare.

### Apple Cobbler

Line a baking pan with a plain crust of pastry one half inch thick. Now place a layer of finely chopped apples bout one-inch thick. Sprinkle about Ove-third cup of sugar.

One evarter cup of fine bread crumbs, One-half caspoon of circa can. One-quarter teast on of natmen. One teleespoon of butter.

Cut into tiny bits over each layer.

Have the cobbler two layers deep. Now place inch-wide strips over the top of the cobbler to form a crust. Baste with long pun in a bot oven. one-half cup of sirup and bake in a long pan in a hot oven. slow oven for forty minutes. Serve with

# Fried Apples

Wipe the apples and then cut in thick slices and dip in flour. Cover and let steam until tender. Serve as a

bread crumbs. Repeat until the dish is White of one egg, left over. full and then cover with a sauce, made as follows: Place in a saucepan

One and one-half cups of milk, Beven tablespoons of flour. Stir to dissolve the flour and then oven.

THE PRIZE MENU CONTEST offers three prizes for the best menu for a dollar and a half dinner

The prizes are as follows:

First, \$2.50 Second, \$1.00 Third, \$1.00

Rules: The foods used must be staples and in season. Each menu must be accompanied by a sales slip showing the cost of all the materials. The name and address of the sender and the date must be distinctly written.

Address all menus to

Mrs. WILSON'S MENU CONTEST EVENING PUBLIC LEDGER INDEPENDENCE SQUARE

bring to a boil and cook for five min-utes. Now add

Two tablespoons of butter, Three-quarters cup of sugar, One teaspoon of vanilla, One-half teaspoon of nutmeg. Beat to mix and then pour over the prepared apples and cover with crumbs.

prepared as follows: Place in a bowl Four tablespagns of sugar. Our-half cup of flour. we tablespoons of shortening. One-half teaspoon of nutmeg, Rub lightly until a light and crumbly mass and then spread over the scal-loped apples. Bake in a slow oven for

#### forty minutes. Virginian Apple Dumplings Place in a mixing bowl Three and one-half cups of flour,

One teaspoon of salt,
One tablespoon of baking powder.
Sift to mix and then rub in threequarters cup of shortening and use twothirds cup of water to form to a dough. Roll out one-quarter inch thick and cut in five-inch squares. Cut the apples in quarters; remove the cores and place five or six pieces in the center of the five-inch squares and a tablespoon of sugar. Pinch of cinnamon. Now brush the wet edges of the pastry and form into regular apple dumpling shape. to a well-greased and floured baking pan and brush with beaten egg and milk. Bake in a moderate oven for about thirty-five minutes. Baste every five minutes with sirup until one cup is used. About ten minutes before re-

moving from the oven add One tablespoon of butter, One-half cup of boiling water to the pan in which the dumplings are Use this liquid in the pan as

### Apple Cornbread

One and one-quarter cups of corn-Two-thirds cup of flour. One teaspoon of salt, Two level tablespoons of baking

Four tablespoons of sirup. Three tablespoons of shortening. One can.

One and one-half cups of thin apple Place in a mixing bowl and then

Apple Custard Pie Line a deep pie plate with plain pastry. Now place in a mixing be Three-quarters cup of sirup. Four tabicspoons of sugar, Now place in a mixing bowl Two tablespoons of melted butter, One and one-half cups of thick apple

One-half glass of apple jelly.

Beat with a Dover egg-beater until
the mixture will hold its shape. Pile
on the pie and brown slightly in the

# Menu Contest Honor List

Mrs. F. R. Bowers, 1928 Mt. Vernon street.

Meat Pie Baked in Casserole With

owder Biscuit on Top New Peas : Lettuce and Tomato Salad With French Dressing & Butter Iced Tea Butter I Fruit Salad

SALES SLIP

	One-quarter peck peas	1.0	
	One head lettuce	0.8	
	Six tomatoes	0.6	
	Thickening for pie, including two		
	potatoes and one onion	TOTAL S	
	Baking powder blacuit	(6 %)	
	Seasoning for peas	11.0	
	French dressing for salad	36.4	
	One-half loaf bread	0.5	
	Butter and iced tea	.12	ď
	Fruit-Two bananas, two apples,		
	grapes, gelatin and nuts	.38	
13	Total	1.48	
-			

Mrs. John J. McNutt, Wildwood, N. J.

Baked Seabass (Stale Bread Filling) Baked Potatoes in their Jackets (with butter) Corn Sour Beets Bread Butter Coff Huckleberry Pie SALES SLIP

Fish (two pounds) ... Stale bread, seasoning Potatoes and butter Corn (four ears) Beets, seasoning, vinegar offee, milk, sugar Huckleberry ple (home-made, onehalf box to one ple) .....

Mrs. Carrie Massero. 1506 South Ninth street. Menu

Total ......\$1.49

Italian Dinner Spaghetti With Tomatoes Gravy and Cheese
Potato Croquettes Corn
Lettuce Salad
Bread and Butter

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4	Salt																		
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Breadcrumbs and eggs ..... Rread and butter ..... 

Mrs. Massero, kindly send me your recipe for cooking macaroni. Mrs. William R. Haines 1221 Mollbore terrace

Baked Salmon Loaf With White Sauce Baked New Potatoes Buttered Beets Cabbage Salad Baked Custard

Coffee Bread Butter

SALES SLIP One can salmon Three eggs One quart milk ...

# MRS. WILSON'S ANSWERS

Dear Mrs. Wilson-My gas range has gauge telling when the heat is medium, hot or very hot. Will you please inform me which of these three is nearest to 500 degrees Fahrenheit, and

what does F mean? This style of indicator is seldom re-liable. It is better to secure an oven thermometer. F stands for the Fahren-

Dear Mrs. Wilson—I bought some army bacon, which proved to be inferior quality and which the family refuses to ear. Can this be used for some fut? I understand salted fat is of no use for this purpose—is there any other use for it? M. E. B. Render the fat and then place it in a large saucepan and add

Two tablespoons of baking soda, One-half cup of charcoal, tied in a piece of cheese cloth, Two grated potatoes, Plenty of cold water to coner.

Use from three to ten pounds of the fat; it can be clarified in this manner, Bring to a boil and cook for ten minutes 

# Some New Belts A Daily Fashion Talk by Florence Rose



The newest belts have some metal in them, although many of them are made of leather. Metal disks are used largely for trimming, and on some there are touches of bright-colored enamel that brightens up the new dark blue and black suits and dresses for fall

IT 18 the accessory, the innumerable used they may be just that much meaningless junk. Rightly used they give distinctiveness to the frock made at home or by a small dressmaker. Likeact, the belt, and girdle, the scarf, neck ruche and veil—all these things give well-chosen belt. tinction and variety in dress that is mpossible without them.

Yet a caution must be observed in ising accessories. Some women buy them at random without much regard for the clothes in their wardrobe and then apply them to their costumes with the same ingenuousness with which an African chief might hang about his neck a newly acquired chain of beads, Never buy any accessory just be-cause you think it is attractive or bepinching the edges close together. Lift cause it is cheap. Always buy your to a well-greased and floured baking accessories with your frock in mind. Have a definite scheme in mind.

I am showing you some of the new belts in today's sketch. The two at the left are of leather. The belt placed above in the sketch is embellished with above in the sector is the stitchings and small figures cut out of metal. And below is a belt, also embellished with stitchings, which is combellished with stitchings, which is comprised of large disks of metal. In many of these new metal belts, there use of bright colored enamel that lends in the dark blue and black suits for

(Copyright, 1920, by Florence Rose) (Florence Rose will help you with For instance, take the new belts, your dress problem. Send addressed They may be of great help or if wrongly envelope to this newspaper.)

The Dinner With Dan

Diana and Julian Long, after three years of married life, decide that they have missed the big thing—ramance. They talk it over, and masmich as they have been friends from childhood they are amiable about the matter, and inally decide to separate and try again. Afterward, Diana immediately drops out of things, and takes a position as designer, with a dressmaking establishment. Julian, who has expected to provide for her, is disturbed at this, but the freedom they had both looked forward to is so very sweet that they both seize the present with both hands and begin eagerly to do the things and see the people who are interesting. Diana at this time meets an interesting man and Julian a pretty interesting man and Julian a pretty

resident managements and correct. Data and not know that the feminine when she was with ere was no other expression for robbed her of individuality, of green eyes, in the three-cornered smile that had been the result of that had been the result of that made her Diana. let steam until tender. Serve as a vegetable.

Scalloped Apples

Grease a baking dish with shortening and then place a layer of thining sliced apples; season with sugar and nutmeg and three tablespoons of fine bread crumbs. Repeat until the dish is bread crumbs. Repeat until the dish is difference to them. And yet even whill Diana felt this way, she was interested. She was fascinated eager for experience, and more than a little willing to play with fire.

It was during dinner that she spoke of her divorce. She felt that it would be more fair to have him know.

Dan Bishop was lighting a cigar, their coffee cups were pushed aside. In the flare of the match Diana could see his strong rugged features plainly outlined. He waited until he had a good light and then looked across at her.

IT WASN'T until afterward when Diana had time to reflect on the matter that she realized the truth about Doan Bishop. She knew now what it was be didn't want it, she would crush it out that she did not like about him, it was she would be austere and very formal his oppressive masculinity. She felt so and correct. Diana did not know that

Tomorrow-Julian is disappointed in another woman

He waited until he had a good light and the holoked across at her.

"I know about it, Jim Irwin told me."

"As a kalph Walded

down to its essentials. Ralph Walded

sage philosophy was, "Quality will tell."

Mrs. C. E. Leebold, of Berkeley, Calif.,

figured the same way back in 1912. She wasn't interested in mice, except those when the same way back in 1912. She wasn't interested in mice, except those when the same way back in 1912. She wasn't interested in me. except those when the same way back in 1912. She wasn't interested in me. except those when the same way back in 1912. She wasn't interested in peanuts. Her family were fond of them, but they insisted the sale wasn't interested in peanuts. Her family were fond of them, but they insisted the sale wasn't interested in peanuts. Her f

# *\$15.00* The Reduced August Price on Smart Gowns

There are other prices, too-the entire collection being sharply reduced to clear imme-

Summer Hats Reduced—Now \$5



# Please Tell Me What to Do

By CYNTHIA

Break Friendship Immediately Anxious.—This woman is married and promised the man she married to love, honor and obey him. She has failed in her duty and has been very wrong in enlisting your sympathy and trying to gain your love.

Even though it will be hard, break the friendship at once. If possible change your position, try for another job and get away from the temptation to speak of love to one who has no right to listen.

What's Wrong With Him?

What's Wrong With Him?

Dear Cynthia—I am joining your column with the idea of airing my views and also to read what others think of the way I air them. That is, I would like to hear what others think of my way of looking at life and things.

I am not good looking (nor ugly) and no girl, to the best of my knowledge, has ever had any love of any sort for me. In crowds with which I travel I am accepted as "one of the bunch" and nothing more. I am always dressed neatly, for business reasons, but no one ever falls for me. It may be because I do not dance that the girls sort of keep away from me, or because I'm too serious and take everything that way. I am not an ignoramus nor a "wise guy."

What's the answer?

MEM SCHUYLKILL NAVY. If you are "one of the bunch" and are not left out of it, why not be satisfied? Some day love will come and, you'll be glad you have not had many affairs.

"Jimmle" to "De Jure"

Dear Cynthia—Allow me to say a few words to "De Jure."

"De Jure." do you realize that your last letter in regards to seven and one-half cen' kisses was a gross misstatement? I ther your files lie to you, or another fabrication of your brain has led unsuspecting Cynthia to print stuff that has raised the column to revoit? Your last letter has shown your weakness, my dear "De Jure!" What is it? Girls? Yes, the very thing you rave so about dear "De Jure!" What is it? Giris! Yes, the very thing you rave so about has at last given you away. Here are some cold facts to look at, sonny. First, if you kept a record of your or the other fellow's expenditures and results, what was your reason for so doing? Certainly not curiosity, for curiosity alone could never have secured such exact figures. Secondly, if it was you, and you alone, who made these remarkable experiments, you were certainly a "cheap skatp" when you received 300 kisses for eighty-five cents. Your company seems to be variable, doesn't it, considering you achieved nothing from the expenditure of \$34? Again, allowing that the data achieved nothing from the expenditure of \$34? Again, allowing that the data were collected from outside sources, you seem to be rather shy of "going around" with the girls yourself, "De Jure." Provided for every contingency, now. vided for every contingency, no baven't I. "De Jure?" Any answer? Let's hear from "J. Dudley." If Cynthia will print this she w oblige

### Annoyed by Attentions

LITTLE PINK.

You are wise not to wish love making from this boy. Be firm with him. Tell him he must stop annoying you, and that you have given him no right whatever to dictate to you or to your friends in annoying you, you will be obliged to break your friendship with him. Then treat him just as you treat your other friends.

He Writes to "Two Cloudbursts" Making More Money

In the Kitchen and Out
After all. Emerson wasn't far out of the way.

It was the sage of Concord, if you remember, who stated something to the effect that if a person turned out a Class A mousetrap the world would immediately burn up its tires and wear out its shoes making tracks for the girls we go out with Do you blame girls we go out with. Do you blame

# WHAT'S WHAT By HELEN DECIE



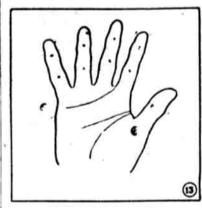
In some European countries, as with 'the chosen people" in this country, betrothal is a solemn affair to be ana certain degree of festal ceremony. Over | chance." nouncement (by the parents of the fiancee) is a matter of choice and not here we are more casual. Formal anof prescribed regulation.

"All the world loves a lover" true; but it is equally certain that one of them, "What in the world would lovers do not love all the world, and if they prefer that only their relatives and intimate friends shall know that He has placed the solitaire on Her finger. they are but exercising their undeniable American right to their own ideas of if you did take the chance." 'life, liberty and pursuit of happiness."

#### Bathroom Chairs

If you have a shabby little chair or stool that seems hopeless, you can save it by making a slip cover of Turkish toweling and using it as a bathoom chair. A straight-back kitchen chair with a slip cover of Turkish toweling bound with Turkey-red calleo is a great comfort in the bathroom, too.

Your Soul's in Your Hand By IRVING B. BACON



e a definite scheme in mind.
or instance, take the new belts, your dress problem. Send addressed envelope to this newspaper. I

CARELESS HEARTS

By HAZEL DEVO BATCHELOR

t(Copyright, 1220, by Public Ledger Co.)

The Dinner With Dan

itana and Julian Long, nifer three ones of married life, decide that they we missed the big thing—rouanned.

The bight of the matter, and inasminch as you know. Diana, that you have a many hour of charm?"

There we missed the sign thing—rouanned.

"Do you know. Diana, that you have a mark had been a question."

"Do you know. Diana, that you have an alarming amount of charm?"

There was no flatery about Rita.

"With Sum of things, and takes a possion as desired post on the first was the sense of the first was a sensible, play to be careful. It's your unsaking which a remark.

"Well, you have." Blana said quickly.

"Well, you have." Rita said turning away. "If you weren't so sensible, to warn you to be careful. It's your unsaking which are deprived to the freedom they had both when the resting been appears to the present with be when the post treatment of the provide for her, is disturbed this, but the freedom they had both when the resting been appears to the present with be when the resting been appears to the present with be when the resting been appears to the present with be when the resting been appears to the present with been the resting been appears to the present with the resting been appears to the present with been the resting been appears to the present with the resting man and Julian a pretty and the second phalances of the fingers or only one or the first and the presence of the first an



A marvelous discovery—guaranteed.
NU-ART LARORATORIES.
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with One application, kills the absolutely harmless and painless use, fragrant, and cannot mar A large package for \$1.00 at you

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Fall Hats



An Advance Showing Featuring Wonder Values!

Duvetyn Hats, Lyons Velvet and Pance Velvet. Pheasant Browns, Pheasant Reds, Burnt Orange, Henna, Navy, Black, Brown, Beaver. Showing touches of hand-embroid-

ery, gold silver. Soft hats, "off the face," chin chin tams, close fitting turbans and large sailors.

**5.00** 8.50 10.00 Close Out Summer Hats: 1.00, 2.00

Store Closed Saturdays During Augst

January Purchasing, Agents' Orders Acceptcary

"I NEVER WON ANYTHING ON A CHANCE IN A RAFFLE"

Remarks Everybody You Ever Hear Talking About This Kind of Thing-Yet They Always Try It and Hope for Luck

THE annual bazaar and dance was going on at full tilt.

The lawn of the big country club was the lawn of the big country club was lit's a good thing you don't.

We don't mind admitting our bad

Girls in pretty organdie dresses, little white aprons with pockets that sagged with change were strolling about selling this, that and the other thing, "on chances." "Don't you want to take a chance?"

they would cry, pleadingly. "He's such nounced in set terms and celebrated with n cute little dog. Only fifty cents a

"Please take a chance!" she begged as she came up to a group of people. "My goodness, on a parrot?" laughed

I do with a parrot? I'd be put out of the house!" "Don't worry, Peg." reassured some one with her, "You'd never get it, even

another of the group, "Why, I've been taking chances on things for years, and I've never won anything yet."

"I know," replied Peg, "It makes me wild. I was farefacted another than the chance !"

"I know," replied Peg, "It makes chance!" "Not in a hundred years!" declared

me wild. I get fascinated, and I want to take al! the numbers in the book, and just keep buying until I win something."
I won half a cake one time,"
When the was ter reminisced the other, "But it was ten cents a chance and I took about five chances, so I might just as well have bought it straight out."

WONDER just who does win in a Certainly nobody that is ever seen or heard again; you never hear people

Adventures With a Purse BARGAINS, bargains, my word, the town's full of 'em! I have to hurry as fast as I can to make sure that the are not all gone before you have a ought to write straight ahead without any punctuation marks in order to save time! There are the gloves. I told you of them once before, but now I find that the shop has a new supply, so if you were unable to get them then, now is your chance. They are sixteen-button length, excellent quality white kid gloves, exactly what you need for best, with your good dress with short sleeves and their price is only \$4.95 a pair. And then there are the petticoats

a petticoat now for your fall suit. I is not too early to buy one when you can get it at such a reasonable price. But you will have to look sharp, for there are not many left. And the silk stockings—pure silk mind you, for \$1.85 a pair. I held a pair in my hand and they look like remarkable value. So far as I could fine out they come in just one color—black—and the feet and tops are of lisle.

ripply, frilly things of soft taffeta in old rose, blue or most any color you would want for fall—and their price is but a modest \$3.95, although their value is \$5 worth! You would be very wise

to take advantage of this sale and get

luck; in fact, after a while, we become companions in mefortune.

It is the same way with a contest

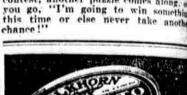
putting a title on a picture, guess'ng puzzle, finishing a rhyme.

You work yourself thin over it, finally
result that you think is get some result that you think is "pretty good," and send it in.
Then although the contest doesn't close for a week or two, you begin with

the next mail to watch for your ch MONTHS later, when you've for. gotten all about it, you see the result, and the name of the prize win.

ner. "I don't think that's very good," you sniff. "And where in the world that place? Why doesn't anybody ere win a prize from around here where?"

And then it's pleasant to compare sneers with the rest of the humaning you know who have also tried and you k failed.





# on Friday

FRIDAY is now Cheese Day, in-stead of Fish Day. We are learning that cheese is a most nourishing "meat food" supplying all the body and strength building elements of lean beef in condensed

Kraft Cheese in Tins is the santary new way to buy cheese. It is the cleanest, most convenient and wasteless way. Kraft Cheese is sterilized, blended to insure unform quality, then packed and sealed in parchment lined air-tight tins. It will keep in any climate. Kraft Cheese can be served un-cooked, it is just right to spread or it can be prepared in scores of delicious ways. It comes in 8 de-licious varieties, Cheddar, Pimento, Chile, Rarebit, Swiss, Roquefort, Camembert and Limburger. At all

dealers in foodstuffs. KRAFT



Fall Frocks 49.50 to 225.00

1310 Chestnut St.

The prices are indicative of The Blum Stor Value policy, rather than of the Styles! For the present displays, pointing to the season's brilliancy as they do, finely present that fascination in fashion, that rare supremacy in style

that is our prerogative.

The Autumn modes typify the year at its best—and here the thought is to show the brilliant, the compelling, the ideal at all times. The Last Word

for Summer Dresses "Absolute Clearances at Half-Price and Less"



# Final Summer Sales

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We Are Now Presenting Gidding Ideas of New Fall Coats and Wraps